

PHYSICAL EDUCATION

Students in grades kindergarten through twelve are required to participate in physical education courses unless they are excused by the principal of their attendance center.

Students may be excused from physical education courses if the student presents a written statement from a doctor stating that such activities could be injurious to the health of the student. Parents who object to physical education instruction due to a conflict with religious beliefs may file a written request with the principal requesting the student be excused from the instruction.

Students in grades 9-12 may also be excused from physical education courses if:

- the student is enrolled in an academic course that conflicts with scheduled PE classes, or
- a student is unable to schedule class due to conflicts with PSEO or DMACC classes.

Twelfth grade students may also be excused from physical education courses if the student is enrolled in a cooperative, work study or other educational program authorized by the school which requires the student's absence from school.

Legal Reference: Iowa Code § 256.11 (2013).
281 I.A.C. 12.5.

Cross Reference: 504 Student Activities
603 Instructional Curriculum

Approved: July 16, 2007
Revised: September 24, 2012
Reviewed: December 12, 2016