

CO-CURRICULAR AND INTERSCHOLASTIC PROGRAMS

The Board of Directors believes that a dynamic program of student activities is vital to the complete development of the student. Such activities offer opportunities to serve the institution, to assist in development of fellowship and social good will, to promote self-realization and all-around growth and encourage the learning of qualities of good citizenship.

There will be no student activities on Sunday with required student attendance. Activities with optional Sunday participation will be discouraged and held to an absolute minimum. Any optional student activities on Sunday will be scheduled only upon approval of the building principal. Wednesday is family night in Gilbert. No student activity should be scheduled after 6:00 p.m. on Wednesday evening.

Guidelines governing student participation in athletics are addressed through the district's athletic handbook.

GILBERT HIGH SCHOOL DISTRICT DUAL SPORT PROCEDURE

1. If a student-athlete has interest in participating in two sports during the same season they must contact the coaches of the two sports and the Athletic Director of their intentions at least two weeks prior to the start of the season of the sport that begins first.
2. The Athletic Director will schedule a meeting with the athlete to go through the procedure outlined below and complete the request form to dual sport(see attached)
3. The Athletic Director will create a list of the names of the dual sport athletes, their priority sport, and their secondary sport. He provides this list to the coaches of the sports involved.
4. If there are 2 regular season contests on the same day the athlete will participate in the prior sport, unless the two coaches agree the athlete can participate in the secondary sport.
5. If there is a conference or state event and regular season game on the same day then they will participate in the conference/state event, unless the two coaches agree the athlete can participate in the 2nd sport.

Examples:

- a. HOAIC Track meet and Gilbert vs. Nevada soccer, they go to the track meet
- b. District/Regional track meet and Gilbert vs. Nevada soccer, they go to the track meet.

6. Once the season has started, the athlete cannot quit and if they choose to quit, then they are ineligible to compete in the other sport until the sport they quit - season has been completed (unless coach releases them and this is approved by the AD and Coaches involved). 9th graders will be exempt from this policy. Any 10th – 11th graders that quit during the season will not be allowed to dual sport again the next year.
7. The athlete agrees to provide full effort and commitment to both sports. If one sport is becoming a much better situation for them personally, they cannot “jump ship” with regards to the other sport.
8. The athlete’s first priority is academics. The request to dual sport will only be considered if the applicant is in good academic standing at the time of the request. The athlete is expected to maintain their grades. If this standard is not maintained the participant will be asked to give up one sport, and there will be no appeal.
9. Coaches are to communicate with each other and let the athlete know what the practice schedule is, and the coaches are never to put the athlete in the middle of a conflict.
10. Dual sporting athletes will give a schedule to each coach on Friday that covers their schedule for the next week so that it can be verified.

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