



Gilbert Schools When to return to school related to COVID-19

Quarantine

A person who has had “close contact” with a person with COVID-19 must not return to school buildings or activities until the following criteria have been met.

- Stay home until **14 days** after last exposure to positive case
- Check temperature twice a day, monitor for symptoms of COVID-19 everyday, track symptoms
- If you become ill contact your health provider and Story county public health department 239-6730 for guidance
- If tested, **regardless** of your test result, you have been exposed and still need to **remain quarantined** for 14 days. **A negative result does not negate the need to quarantine.**
- Wearing a face mask and/or shield does not negate the need to quarantine.

*Per IDPH staff determined as critical personnel may be allowed to work in certain circumstances as long as they remain asymptomatic and wear a mask.

Isolation

A person who has tested positive , waiting for test results or is symptomatic of COVID-19, must not return to school buildings or activities until the following criteria have been met.

- **NO fever** for at least 24 hours without the use of medicine that reduces fevers.
- Other **symptoms have improved**(i.e. when your cough or shortness of breath has improved)
- **At least 10 days have passed** since your first symptoms appeared.

NOTE: if you have symptoms of COVID-19, without known exposure, and your test is negative, you may go back to daily activities 24 hours after you're fever free without medicine and other symptoms have resolved.

Individuals previously diagnosed with COVID-19 within the last 12 weeks, and were exposed to a Covid-19 case do not need to quarantine. (i.e. they already had it so for now should have some immunity. This recommendation may change.

If staff have questions about leave and pay and return dates contact Gail Hopkins in the district office. Also online forms will be available.